



**PRESS RELEASE**  
[For Immediate Release]

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**PREVAIL BANK DONATES \$1,000 TO EVOLVING WELLNESS TEEN CENTER**

(Eau Claire/Chippewa) Prevail Bank donated \$1,000 to Evolving Wellness in support of their teen center and free teen resilience programming.

“We are very appreciative of Prevail Bank’s donation,” said Laura Berndt, Founder of Evolving Wellness. “Teens from all over Chippewa Valley attend our Teen Resilience Programming. They are seriously struggling with personal identity issues, depression, bullying, and many have been touched by suicide.”

Evolving Wellness is a nonprofit in the Greater Chippewa Valley, a regional consortium of highly respected health and wellness practitioners offering therapies such as functional medicine, chiropractic, equine-assisted therapy, massage, music and art therapy, nutrition, life and health coaching, meditation, energy work, yoga, and many other natural options — offering support to alleviate conditions such as lung disease, cancer, Autism, mental health, cancer, Lymes disease, and many others.

“Evolving Wellness focuses on a mind, body, and spirit approach to health and wellness,” added Berndt. “We advocate for proactive wellness, education, and health services for both the community and individuals.”

“We are very happy to support the mental health and development of our young people living in Chippewa and Eau Claire Counties,” said Greg Luedtke, Prevail Bank Branch Manager. “Prevail Bank is a community bank. We support local economic development, and the financial stability and growth of individuals, families, and businesses.”

The Charitable Contributions program of Prevail Bank is available for local non-profits that help local people in need, especially those with low-to-moderate incomes; stimulate communities financially; and/or enhances the standard of living of those less fortunate. If an organization is interested in applying for funds for a major initiative, go to: [Prevail.bank/resources/community](http://Prevail.bank/resources/community). Prevail Bank is continuously looking for ways to give back, help their customers pursue their dreams, and make things better in central Wisconsin.



**Photo Caption:**

Prevail Bank donated \$1,000 to Evolving Wellness in support of their teen center and free teen resilience programming. Accepting the check were (left to right) Tom Berndt, Board Director President; Laura Berndt, Founder; and (far right) Carol Rudd, Board Director & Practitioner of Evolving Wellness. Prevail Bank professionals were (center) Ryan Ludy, Mortgage Loan Originator (NMLS# 1836499), and Jenny Ebert, Mortgage Loan Originator (NMLS#523594).

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Prevail Bank is a federally chartered savings bank founded in 1934 with locations in Baraboo, Eau Claire, Marshfield, Medford, Owen, Phillips, Stevens Point, Wausau and Wisconsin Rapids.